

VINO

SPARKLING & SWEET	6oz	9oz	bottle
<i>Light, Refreshing, Crisp</i>			
Riondo Prosecco, Italy	7.99		30
Copper Ridge White Zinfandel, California	7.49	11.29	29
Rosatello Moscato, Italy	7.99	11.99	31
Saint M Riesling, Germany	9.29	13.99	36

ITALIAN WHITES			
<i>Dry and Delicate</i>			
Bonizio Bianco by Cecchi Italian White Blend	6.99	10.49	
Ecco Domani Pinot Grigio, Italy	7.49	11.29	30
Chloe Pinot Grigio, Italy	8.99	13.49	34
Santa Margherita Pinot Grigio, Italy			47

SAUVIGNON BLANC			
<i>Zesty, Aromatic, Fresh</i>			
New! Imagery , California	9.99	14.59	36
Kim Crawford , Marlborough, New Zealand	10.99	16.49	42

CHARDONNAY			
<i>Citrus, Apples, Oak</i>			
William Hill , California	8.49	12.79	32
Kendall-Jackson , California	10.49	15.79	44
Decoy by Duckhorn , Sonoma County, California			46
Antica , Napa Valley, California			59

HIDDEN GEMS

HAND-PICKED AND UNDISCOVERED



New! Cecchi Chianti Classico, Tuscany, Italy
93 points, James Suckling A true, authentic Tuscan red wine from the Cecchi family, this Chianti Classico has flavors of blueberry, vanilla and spice

11.99 17.79 46

New! Allegrini Valpolicella, Verona, Italy
90 points, Wine Enthusiast Historic red blend from the hills of romantic Verona, Italy. Fragrant and elegant – filled with red fruit and aromatic herbs

9.99 14.59 42

Proprietor’s Pick
Ask your server about special selections at your local Carrabba’s

White, Rosé or Red: 6oz (150 calories) | 9oz (230 calories) | Bottle (650 calories)
Sparkling: 6oz (140 calories) | Bottle (600 calories)

ROSÉ	6oz	9oz	bottle
<i>Elegant and Crisp</i>			
M. Chapoutier Belleruche , Côtes-du-Rhône, France	7.99	11.99	30
New! Martini & Rossi Sparkling , Torino, Italy	8.29		32

PINOT NOIR			
<i>Juicy, Silky, Red Berries</i>			
Mark West , California	8.99	13.49	36
Coppola Votre Santé , California			42
Elouan , Oregon	11.99	17.99	46

INTERESTING REDS			
<i>Smooth and Velvety</i>			
Apothic Red Blend, California	8.49	12.79	32
Ravenswood Zinfandel, California	8.99	12.99	34
Layer Cake Malbec, Argentina	11.29	16.79	44
Stags’ Leap Winery Petite Sirah, Napa Valley, California			55

MERLOT			
<i>Sultry and Sumptuous</i>			
Ecco Domani , Italy	7.49	11.29	30
Markham , California			45

ITALIAN REDS			
<i>Cherries, Berries and Spice</i>			
Bonizio Rosso by Cecchi Italian Red Blend	6.99	10.99	
Gabbiano Chianti, Tuscany	8.49	12.79	34
Santa Cristina Chianti Superiore, Tuscany			39
Pian di Nova Super Tuscan, Tuscany	11.99	17.79	46
Guado al Tasso “Il Bruciato” , Bolgheri, Italy	12.59	18.29	52

CABERNET SAUVIGNON			
<i>Big, Bold, Robust</i>			
Beringer Founders’ Estate , California	6.99	10.49	26
Dark Horse , California			32
Coppola Diamond , California	9.99	14.99	38
J. Lohr “Seven Oaks” , Paso Robles, California			41
Louis Martini , California	10.49	15.79	42
Sequoia Grove , Napa Valley, California			68

Wines contain sulfites.

SANGRIA

BLACKBERRY
Light and fruity. Bonizio Rosso, infused with blackberries, citrus and a hint of vanilla
6oz (250 calories) | 7.99
9oz (370 calories) | 11.99
pitcher (1050 calories) | 32

PEACH
Bright and crisp. White Zinfandel, Absolut Apeach, Patrón Citronge, cranberry and orange juice
6oz (210 calories) | 7.99
9oz (300 calories) | 11.99
pitcher (880 calories) | 32

CLASSIC RED
Bold and spicy. Bonizio Rosso, brandy and a hint of cinnamon
6oz (200 calories) | 6.99
9oz (290 calories) | 10.49
pitcher (1040 calories) | 28

BEERS



Domestic, craft & imported bottled beers available.
Bud Light (110 calories)
Blue Moon (180 calories)
Peroni (160 calories)
Stella Artois (170 calories)

**FOR SPECIALTY COCKTAILS,
PLEASE EXPLORE OUR
BEVERAGE BOOK.**

**Drink Responsibly.
Drive Responsibly.**

BEVERAGES

ITALIAN BOTTLED WATER
Acqua Panna Still (0 calories) or
San Pellegrino Sparkling (0 calories)

**FRESH BREWED
ICED TEA** (0-50 calories)

**MINUTE MAID COUNTRY
STYLE LEMONADE** (120 calories)

SPARKLING ITALIAN SODAS
Orange (180 calories) or
Raspberry (190 calories)

SOFT DRINKS


(90 | 0 | 80 | 90 | 80 calories)



CARRABBA'S
ITALIAN GRILL®

SMALL PLATES

BRUSCHETTE SICILIANI

Oven-baked bread served with diced tomatoes, fresh basil, oregano, red onions and kalamata olives marinated in olive oil and red wine vinegar then topped with ricotta salata
(450 calories) | 4.49

GRILLED ASPARAGUS WITH PROSCIUTTO

Wood-grilled asparagus wrapped in prosciutto and mozzarella, drizzled with balsamic glaze
(250 calories) | 5.99

MEATBALLS & RICOTTA

Simmered in our pomodoro sauce with ricotta and romano cheese
(380 calories) | 5.99

THREE-CHEESE & SAUSAGE STUFFED MUSHROOMS

Stuffed with sausage, spinach, ricotta, romano, mozzarella and Italian breadcrumbs served over our tomato cream sauce
(300 calories) | 6.49



THREE-CHEESE & SAUSAGE
STUFFED MUSHROOMS

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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SALADS

All salads may be made with light balsamic dressing  (80 calories). Add crumbled gorgonzola  (110 calories) to any salad for \$2.00.

CAESAR SALAD
Wood-grilled chicken or shrimp served over romaine, croutons, parmesan cheese and caesar dressing
Chicken (720 calories) | 14.49
Shrimp (650 calories) | 16.49

JOHNNY ROCCO SALAD  
Wood-grilled shrimp and sea scallops served over mixed greens tossed with roasted red peppers, kalamata olives and ricotta salata in our Italian vinaigrette (530 calories) | 17.49

ITALIAN SALAD 
Mixed greens, garden vegetables, kalamata olives and our Italian vinaigrette dressing
Chicken (840 calories) | 14.49
Shrimp (770 calories) | 16.49

SIDE SALADS 
Italian  (350 calories), House  (260 calories) or Caesar (320 calories) | 4.99

SOUPS

MAMA MANDOLA’S SICILIAN CHICKEN SOUP 
Spicy chicken soup that has soothed the family for generations
cup (100 calories) | 4.99
bowl (200 calories) | 6.99

MINESTRONE  
Traditional Italian vegetable soup
cup (120 calories) | 4.99
bowl (240 calories) | 6.99

SAUSAGE & LENTIL 
Hearty lentil soup with our Italian fennel sausage
cup (220 calories) | 4.99
bowl (430 calories) | 6.99

SIDES

SAUTÉED BROCCOLI 
(160 calories) | 3.99

GARLIC MASHED POTATOES 
(330 calories) | 3.99

PENNE POMODORO
(210 calories) | 3.99

PREMIUM SIDES

GRILLED ASPARAGUS 
(60 calories) | 4.99

FETTUCCINE ALFREDO
(690 calories) | 4.99



MUSSELS IN WHITE WINE LEMON BUTTER
Prince Edward Island mussels steamed in white wine, basil and our lemon butter sauce (640 calories) | 11.99

ZUCCHINI FRITTE
Hand-breaded, lightly fried and served with roasted garlic aioli (910 calories) | 9.79

APPETIZERS

CALAMARI
Hand-breaded to order and served with our marinara sauce (900 calories) | 11.79

MOZZARELLA MARINARA
Hand-cut and breaded, served with our marinara sauce (990 calories) | 9.99

SHRIMP SCAMPI
Garlic, white wine and our lemon butter sauce served with baked bread (910 calories) | 10.99

CALABRIAN ROASTED WINGS
Seasoned with spicy Italian peppers. Served with our gorgonzola dipping sauce (900 calories) | 10.99

TOMATO CAPRESE WITH FRESH BURRATA  
Creamy burrata mozzarella, tomatoes, fresh basil, red onions, balsamic glaze, drizzled with extra-virgin olive oil (500 calories) | 9.49

WOOD-FIRED PIZZAS

MARGHERITA PIZZA
Fresh milk mozzarella, fresh tomatoes and basil (720 calories) | 12.99

PEPPERONI PIZZA
Fresh mozzarella and pepperoni (780 calories) | 13.49

CREATE YOUR OWN PIZZA
Our zesty pizza sauce with mozzarella and romano cheese. Your choice of up to three toppings (650-1150 calories) | 14.99

Italian fennel sausage (150 calories), Pepperoni (120 calories), Meatballs (230 calories), Kalamata olives (40 calories), Mushrooms (40 calories), Roasted red bell peppers (5 calories), Onions (5 calories) or Sun-dried tomatoes (90 calories)

PASTA

Pastas are served with a cup of soup or a side salad.
Ask your server about  Gluten-Free Casarecce pasta or Whole Grain spaghetti options.

LINGUINE PESCATORE
Shrimp, sea scallops, mussels and spicy marinara sauce (840 calories) | 19.99

FETTUCCINE CARRABBA
Fettuccine Alfredo with wood-grilled chicken, sautéed mushrooms and peas (1440 calories) | 16.99

LASAGNE
Pasta layered with our pomodoro sauce, meat sauce, ricotta, romano and mozzarella cheese (780 calories) | 15.99

LINGUINE POSITANO
Crushed tomatoes, garlic, olive oil and basil (800 calories) | 12.99
Chicken (940 calories) | 15.99
Shrimp (870 calories) | 17.99

FETTUCCINE WEESIE
Fettuccine Alfredo with sautéed shrimp, scallions, basil, garlic and mushrooms in our white wine lemon butter sauce (1510 calories) | 18.49

RIGATONI CAMPAGNOLO
Large rigatoni tossed with Italian sausage, red bell peppers, our pomodoro sauce, topped with warm caprino cheese (1040 calories) | 16.99

LOBSTER RAVIOLI
Ravioli stuffed with lobster and romano in our white wine cream sauce topped with diced tomatoes (710 calories) | 19.59

MEZZALUNA
Half-moon ravioli with chicken, ricotta, romano and spinach in our tomato cream sauce (740 calories) | 16.49

SHRIMP & SCALLOP LINGUINE ALLA VODKA
Sautéed shrimp and sea scallops tossed with basil in our tomato vodka cream sauce (1140 calories) | 18.99
 Pairs well with *Pian di Nova Super Tuscan, Italy*

PASTA GEORGIO
Penne pasta with sautéed bell peppers and romano in our roasted red pepper sauce, topped and baked with meatballs and mozzarella (1140 calories) | 17.49

*\$1 for each Pasta Georgio sold will be donated to Moffitt Cancer Center** 

SPAGHETTI
Pomodoro sauce (670 calories) | 13.49
Bolognese meat sauce (880 calories) or Meatballs (1040 calories) | 15.99



CHICKEN, PORK & VEAL

CHICKEN BRYAN 
Wood-grilled and topped with goat cheese, sun-dried tomatoes, basil and our lemon butter sauce (680 calories) | 18.99

CHICKEN MARSALA  
Wood-grilled and topped with mushrooms and our Lombardo Marsala wine sauce (480 calories) | 18.99

CHICKEN PARMESAN
Coated with Mama Mandola's breadcrumbs, sautéed and topped with our pomodoro sauce, romano and mozzarella (690 calories) | 17.99

TUSCAN-GRILLED CHICKEN  
Wood-grilled and seasoned with our signature grill baste, olive oil and herbs (290 calories) | 15.49

POLLO ROSA MARIA 
Wood-grilled chicken stuffed with fontina cheese and prosciutto, topped with mushrooms and our basil lemon butter sauce (620 calories) | 17.99
 Pairs well with *Elouan Pinot Noir, Oregon*

PARMESAN CHICKEN ARUGULA
Sautéed chicken breast coated with seasoned breadcrumbs topped with fresh arugula, tomatoes and parmesan cheese in our Italian vinaigrette dressing (600 calories) | 17.99

PROSCIUTTO-WRAPPED PORK TENDERLOIN*  
Medallions wrapped in prosciutto, wood-grilled and topped with our port wine fig sauce (420 calories) | 15.99



VEAL MARSALA* 
Sautéed and topped with mushrooms and our Lombardo Marsala wine sauce (460 calories) | 21.99

STEAKS & CHOPS

Prepared with our signature grill baste, olive oil and herbs. Served simply grilled or with your choice of a topping.



TUSCAN-GRILLED SIRLOIN*  
6oz (320 calories) | 15.99
9oz (490 calories) | 18.99

TUSCAN-GRILLED RIBEYE* 
13oz (710 calories) | 24.99

TUSCAN-GRILLED FILET* 
9oz (640 calories) | 25.99
 Pairs well with *Coppola Diamond Cabernet Sauvignon, California*

TUSCAN-GRILLED PORK CHOP* 
One Chop  (390 calories) | 15.99
Two Chops (780 calories) | 19.49

TOPPINGS

SPICY SICILIAN BUTTER  (60 calories)
GARLIC AIOLI  (220 calories)
MARSALA SAUCE  (190 calories) (add \$3.80)
BRYAN TOPPING  (320 calories) (add \$3.80)
SCAMPI TOPPING  (390 calories) (add \$3.80)

SEAFOOD

SHRIMP & SEA SCALLOP SPIEDINO 
Coated with Italian breadcrumbs, wood-grilled and topped with our lemon butter sauce (550 calories) | 20.79

WOOD-GRILLED TILAPIA*  
With olive oil and our signature grill seasoning, topped with roasted tomatoes, basil and balsamic glaze (310 calories) | 16.79

TOMATO BASIL SALMON* 
Wood-grilled and topped with our tomato basil vinaigrette (700 calories) | 19.99
 Pairs well with *William Hill Chardonnay, California*



COMBINATIONS

THE JOHNNY* 
Tuscan-Grilled Sirloin Marsala & Chicken Bryan (760 calories) | 23.49

CARRABBA’S ITALIAN CLASSICS
Chicken Parmesan & Lasagne (690 calories) | 20.99

CHICKEN TRIO 
Chicken Bryan, Pollo Rosa Maria & Chicken Marsala (940 calories) | 24.49
 Pairs well with *Markham Merlot, California*

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

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Additional nutrition information available upon request.

* From 8/28/18 - 12/31/18, Carrabba's will donate up to a maximum of \$50,000 to the Moffitt Cancer Center, 12902 USF Magnolia Drive, Tampa, FL 33612
 Indicates Dishes Under 600 calories. Entrées are under 600 calories when paired with freshly steamed broccoli (40 calories) as a side item. Calorie count does not include soup or salad.
 This dish is gluten-free. Caesar Salads are gluten-free without croutons. Mama Mandola's Sicilian Chicken Soup is gluten-free without pasta. Food is prepared in a common kitchen with the risk of gluten exposure. We cannot guarantee any menu item is completely free of gluten. When placing your order, please let your server know you are ordering a gluten-free menu item.