

# VINO

SPARKLING & SWEET	6oz	9oz	bottle
<i>Light, Refreshing, Crisp</i>			
<b>Riondo</b> Prosecco, Italy	8.99		34
<b>Copper Ridge</b> White Zinfandel, California	7.99	11.99	31
<b>Rosatello</b> Moscato, Italy	8.49	12.79	33
<b>Saint M</b> Riesling, Germany	9.79	14.59	38

ITALIAN WHITES			
<i>Dry and Delicate</i>			
<b>Bonizio Bianco by Cecchi</b> Italian White Blend	7.49	10.99	
<b>Ecco Domani</b> Pinot Grigio, Italy	7.99	11.99	32
<b>Chloe</b> Pinot Grigio, Italy	9.49	13.99	36
<b>Santa Margherita</b> Pinot Grigio, Italy			47

SAUVIGNON BLANC			
<i>Zesty, Aromatic, Fresh</i>			
<b><i>New!</i> Imagery</b> , California	10.99	15.59	38
<b>Kim Crawford</b> , Marlborough, New Zealand	11.49	17.29	44

CHARDONNAY			
<i>Citrus, Apples, Oak</i>			
<b>William Hill</b> , California	9.49	13.99	36
<b>Kendall-Jackson</b> , California	10.99	16.49	46
<b>Decoy by Duckhorn</b> , Sonoma County, California			46
<b>Antica</b> , Napa Valley, California			60

## HIDDEN GEMS

HAND-PICKED AND UNDISCOVERED

***New!* Cecchi Chianti Classico**, Tuscany, Italy  
*93 points, James Suckling* A true, authentic Tuscan red wine from the Cecchi family, this Chianti Classico has flavors of blueberry, vanilla and spice

12.99 18.79 48

***New!* Allegrini Valpolicella**, Verona, Italy  
*90 points, Wine Enthusiast* Historic red blend from the hills of romantic Verona, Italy. Fragrant and elegant – filled with red fruit and aromatic herbs

9.99 14.59 42

**Proprietor’s Pick**  
Ask your server about special selections at your local Carrabba’s

White, Rosé or Red: 6oz (150 calories) | 9oz (230 calories) | Bottle (650 calories)  
Sparkling: 6oz (140 calories) | Bottle (600 calories)

ROSÉ	6oz	9oz	bottle
<i>Elegant and Crisp</i>			
<b>M. Chapoutier Belleruche</b> , Côtes-du-Rhône, France	7.99	11.99	32
<b><i>New!</i> Martini &amp; Rossi Sparkling</b> , Torino, Italy	8.79		34

PINOT NOIR			
<i>Juicy, Silky, Red Berries</i>			
<b>Mark West</b> , California	9.49	13.99	38
<b>Coppola Votre Santé</b> , California			44
<b>Elouan</b> , Oregon	12.49	18.59	48

INTERESTING REDS			
<i>Smooth and Velvety</i>			
<b>Apothic</b> Red Blend, California	9.49	13.99	36
<b>Joel Gott</b> Zinfandel, California			43
<b>Layer Cake</b> Malbec, Argentina	12.29	18.49	47
<b>Stags’ Leap Winery</b> Petite Sirah, Napa Valley, California			60

MERLOT			
<i>Sultry and Sumptuous</i>			
<b>Ecco Domani</b> , Italy	7.99	11.99	32
<b>Markham</b> , California			47

ITALIAN REDS			
<i>Cherries, Berries and Spice</i>			
<b>Bonizio Rosso by Cecchi</b> Italian Red Blend	7.49	10.99	
<b>Gabbiano</b> Chianti, Tuscany	8.99	13.49	36
<b>Santa Cristina</b> Chianti Superiore, Tuscany			37
<b>Pian di Nova</b> Super Tuscan, Tuscany	12.49	18.59	48
<b>Guado al Tasso “Il Bruciato”</b> , Bolgheri, Italy	13.59	19.29	54
<b>Marchesi di Barolo</b> Barolo Tradizione, Piedmont			70
<b>Gaja Ca’ Marcanda Promis</b> Red Blend, Tuscany			73

CABERNET SAUVIGNON			
<i>Big, Bold, Robust</i>			
<b>Beringer Founders’ Estate</b> , California	7.49	11.29	28
<b>Dark Horse</b> , California			36
<b>Coppola Diamond</b> , California	10.49	15.79	40
<b>J. Lohr “Seven Oaks”</b> , Paso Robles, California			43
<b>Louis Martini</b> , California	10.99	16.49	44
<b>Sequoia Grove</b> , Napa Valley, California			70

*Wines contain sulfites.*

## SANGRIA

**BLACKBERRY**  
Light and fruity. Bonizio Rosso, infused with blackberries, citrus and a hint of vanilla  
6oz (250 calories) | 8.49  
9oz (370 calories) | 12.49  
pitcher (1050 calories) | 34

**PEACH**  
Bright and crisp. White Zinfandel, Absolut Apeach, Patrón Citronge, cranberry and orange juice  
6oz (210 calories) | 8.49  
9oz (300 calories) | 12.49  
pitcher (880 calories) | 34

**CLASSIC RED**  
Bold and spicy. Bonizio Rosso, brandy and a hint of cinnamon  
6oz (200 calories) | 7.49  
9oz (290 calories) | 10.99  
pitcher (1040 calories) | 30

## BEERS



Domestic, craft & imported bottled beers available.  
Bud Light (110 calories)  
Blue Moon (180 calories)  
Peroni (160 calories)  
Stella Artois (170 calories)

**FOR SPECIALTY COCKTAILS,  
PLEASE EXPLORE OUR  
BEVERAGE BOOK.**

**Drink Responsibly.  
Drive Responsibly.**

## BEVERAGES

**ITALIAN BOTTLED WATER**  
Acqua Panna Still (0 calories) or  
San Pellegrino Sparkling (0 calories)

**FRESH BREWED  
ICED TEA** (0-50 calories)

**MINUTE MAID COUNTRY  
STYLE LEMONADE** (120 calories)

**SPARKLING ITALIAN SODAS**  
Orange (180 calories) or  
Raspberry (190 calories)

**SOFT DRINKS**

(90 | 0 | 80 | 90 | 80 calories)



**CARRABBA’S**  
**ITALIAN GRILL®**

## SMALL PLATES

### BRUSCHETTE SICILIANI

Oven-baked bread served with diced tomatoes, fresh basil, oregano, red onions and kalamata olives marinated in olive oil and red wine vinegar then topped with ricotta salata  
(450 calories) | 5.49

### GRILLED ASPARAGUS WITH PROSCIUTTO

Wood-grilled asparagus wrapped in prosciutto and mozzarella, drizzled with balsamic glaze  
(250 calories) | 6.29

### MEATBALLS & RICOTTA

Simmered in our pomodoro sauce with ricotta and romano cheese  
(380 calories) | 6.49

### THREE-CHEESE & SAUSAGE STUFFED MUSHROOMS

Stuffed with sausage, spinach, ricotta, romano, mozzarella and Italian breadcrumbs served over our tomato cream sauce  
(300 calories) | 6.49



**THREE-CHEESE & SAUSAGE  
STUFFED MUSHROOMS**

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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SALADS

All salads may be made with light balsamic dressing <sup>GF</sup> (80 calories). Add crumbled gorgonzola <sup>GF</sup> (110 calories) to any salad for \$2.00.


**CAESAR SALAD**  
Wood-grilled chicken or shrimp served over romaine, croutons, parmesan cheese and caesar dressing  
Chicken (720 calories) | 15.29  
Shrimp (650 calories) | 17.29

**JOHNNY ROCCO SALAD** <sup>GF</sup>   
Wood-grilled shrimp and sea scallops served over mixed greens tossed with roasted red peppers, kalamata olives and ricotta salata in our Italian vinaigrette (530 calories) | 18.29


**ITALIAN SALAD** <sup>GF</sup>  
Mixed greens, garden vegetables, kalamata olives and our Italian vinaigrette dressing  
Chicken (840 calories) | 15.29  
Shrimp (770 calories) | 17.29

**SIDE SALADS**   
Italian <sup>GF</sup> (350 calories), House <sup>GF</sup> (260 calories) or Caesar (320 calories) | 4.99

SOUPS

**MAMA MANDOLA’S SICILIAN CHICKEN SOUP**   
Spicy chicken soup that has soothed the family for generations  
cup (100 calories) | 4.99  
bowl (200 calories) | 6.99

**MINESTRONE** <sup>GF</sup>   
Traditional Italian vegetable soup  
cup (120 calories) | 4.99  
bowl (240 calories) | 6.99

**SAUSAGE & LENTIL**   
Hearty lentil soup with our Italian fennel sausage  
cup (220 calories) | 4.99  
bowl (430 calories) | 6.99

SIDES

**SAUTÉED BROCCOLI** <sup>GF</sup>   
(160 calories) | 3.99

**GARLIC MASHED POTATOES** <sup>GF</sup>   
(330 calories) | 3.99

**PENNE POMODORO**  
(210 calories) | 3.99

PREMIUM SIDES

**GRILLED ASPARAGUS** <sup>GF</sup>   
(60 calories) | 4.99

**FETTUCCINE ALFREDO**  
(690 calories) | 4.99



**MUSSELS IN WHITE WINE LEMON BUTTER**  
Prince Edward Island mussels steamed in white wine, basil and our lemon butter sauce (640 calories) | 12.49

**ZUCCHINI FRITTE**  
Hand-breaded, lightly fried and served with roasted garlic aioli (910 calories) | 10.29

APPETIZERS

**CALAMARI**  
Hand-breaded to order and served with our marinara sauce (900 calories) | 11.99

**MOZZARELLA MARINARA**  
Hand-cut and breaded, served with our marinara sauce (990 calories) | 10.49

**SHRIMP SCAMPI**  
Garlic, white wine and our lemon butter sauce served with baked bread (910 calories) | 11.29

**CALABRIAN ROASTED WINGS**  
Seasoned with spicy Italian peppers. Served with our gorgonzola dipping sauce (900 calories) | 11.79

**TOMATO CAPRESE WITH FRESH BURRATA** <sup>GF</sup>   
Creamy burrata mozzarella, tomatoes, fresh basil, red onions, balsamic glaze, drizzled with extra-virgin olive oil (500 calories) | 9.99

WOOD-FIRED PIZZAS

**MARGHERITA PIZZA**  
Fresh milk mozzarella, fresh tomatoes and basil (720 calories) | 13.49

**PEPPERONI PIZZA**  
Fresh mozzarella and pepperoni (780 calories) | 13.99

**CREATE YOUR OWN PIZZA**  
Our zesty pizza sauce with mozzarella and romano cheese. Your choice of up to three toppings (650-1150 calories) | 15.49

Italian fennel sausage (150 calories), Pepperoni (120 calories), Meatballs (230 calories), Kalamata olives (40 calories), Mushrooms (40 calories), Roasted red bell peppers (5 calories), Onions (5 calories) or Sun-dried tomatoes (90 calories)

PASTA

Pastas are served with a cup of soup or a side salad.  
Ask your server about <sup>GF</sup> Gluten-Free Casarecce pasta or Whole Grain spaghetti options.

**LINGUINE PESCATORE**  
Shrimp, sea scallops, mussels and spicy marinara sauce (840 calories) | 20.99

**FETTUCCINE CARRABBA**  
Fettuccine Alfredo with wood-grilled chicken, sautéed mushrooms and peas (1440 calories) | 17.79

**LASAGNE**  
Pasta layered with our pomodoro sauce, meat sauce, ricotta, romano and mozzarella cheese (780 calories) | 16.79

**LINGUINE POSITANO**  
Crushed tomatoes, garlic, olive oil and basil (800 calories) | 12.99  
Chicken (940 calories) | 15.99  
Shrimp (870 calories) | 17.99

**FETTUCCINE WEESIE**  
Fettuccine Alfredo with sautéed shrimp, scallions, basil, garlic and mushrooms in our white wine lemon butter sauce (1510 calories) | 19.49

**RIGATONI CAMPAGNOLO**  
Large rigatoni tossed with Italian sausage, red bell peppers, our pomodoro sauce, topped with warm caprino cheese (1040 calories) | 17.79

**LOBSTER RAVIOLI**  
Ravioli stuffed with lobster and romano in our white wine cream sauce topped with diced tomatoes (710 calories) | 20.49

**MEZZALUNA**  
Half-moon ravioli with chicken, ricotta, romano and spinach in our tomato cream sauce (740 calories) | 16.99

**SHRIMP & SCALLOP LINGUINE ALLA VODKA**  
Sautéed shrimp and sea scallops tossed with basil in our tomato vodka cream sauce (1140 calories) | 19.79  
 Pairs well with Pian di Nova Super Tuscan, Italy

**PASTA GEORGIO**  
Penne pasta with sautéed bell peppers and romano in our roasted red pepper sauce, topped and baked with meatballs and mozzarella (1140 calories) | 17.99


*\$1 for each Pasta Georgio sold will be donated to Moffitt Cancer Center\** 

**SPAGHETTI**  
Pomodoro sauce (670 calories) | 13.49  
Bolognese meat sauce (880 calories) or Meatballs (1040 calories) | 15.99



CHICKEN, PORK & VEAL

**CHICKEN BRYAN** <sup>GF</sup>   
Wood-grilled and topped with goat cheese, sun-dried tomatoes, basil and our lemon butter sauce (680 calories) | 19.99

**CHICKEN MARSALA** <sup>GF</sup>   
Wood-grilled and topped with mushrooms and our Lombardo Marsala wine sauce (480 calories) | 19.99

**CHICKEN PARMESAN**  
Coated with Mama Mandola's breadcrumbs, sautéed and topped with our pomodoro sauce, romano and mozzarella (690 calories) | 18.29


**TUSCAN-GRILLED CHICKEN** <sup>GF</sup>   
Wood-grilled and seasoned with our signature grill baste, olive oil and herbs (290 calories) | 16.29

**POLLO ROSA MARIA** <sup>GF</sup>   
Wood-grilled chicken stuffed with fontina cheese and prosciutto, topped with mushrooms and our basil lemon butter sauce (620 calories) | 20.49  
 Pairs well with Elouan Pinot Noir, Oregon

**PARMESAN CHICKEN ARUGULA**  
Sautéed chicken breast coated with seasoned breadcrumbs topped with fresh arugula, tomatoes and parmesan cheese in our Italian vinaigrette dressing (600 calories) | 18.29

**PROSCIUTTO-WRAPPED PORK TENDERLOIN\*** <sup>GF</sup>   
Medallions wrapped in prosciutto, wood-grilled and topped with our port wine fig sauce (420 calories) | 16.99



**VEAL MARSALA\***   
Sautéed and topped with mushrooms and our Lombardo Marsala wine sauce (460 calories) | 22.49

STEAKS & CHOPS

Prepared with our signature grill baste, olive oil and herbs. Served simply grilled or with your choice of a topping.







**TUSCAN-GRILLED SIRLOIN\*** <sup>GF</sup>   
6oz (320 calories) | 16.79  
9oz (490 calories) | 19.79

**TUSCAN-GRILLED RIBEYE\*** <sup>GF</sup>   
13oz (710 calories) | 25.79

**TUSCAN-GRILLED FILET\*** <sup>GF</sup>   
9oz (640 calories) | 26.79  
 Pairs well with Coppola Diamond Cabernet Sauvignon, California

**TUSCAN-GRILLED PORK CHOP\*** <sup>GF</sup>   
One Chop  (390 calories) | 16.79  
Two Chops (780 calories) | 20.29

TOPPINGS

**SPICY SICILIAN BUTTER** <sup>GF</sup>  (60 calories)  
**GARLIC AIOLI** <sup>GF</sup>  (220 calories)  
**MARSALA SAUCE** <sup>GF</sup>  (190 calories) (add \$3.80)  
**BRYAN TOPPING** <sup>GF</sup>  (320 calories) (add \$3.80)  
**SCAMPI TOPPING** <sup>GF</sup>  (390 calories) (add \$3.80)

SEAFOOD

**SHRIMP & SEA SCALLOP SPIEDINO**   
Coated with Italian breadcrumbs, wood-grilled and topped with our lemon butter sauce (550 calories) | 21.49

**WOOD-GRILLED TILAPIA\*** <sup>GF</sup>   
With olive oil and our signature grill seasoning, topped with roasted tomatoes, basil and balsamic glaze (310 calories) | 17.49

**TOMATO BASIL SALMON\*** <sup>GF</sup>   
Wood-grilled and topped with our tomato basil vinaigrette (700 calories) | 20.99  
 Pairs well with William Hill Chardonnay, California



COMBINATIONS


**THE JOHNNY\*** <sup>GF</sup>   
Tuscan-Grilled Sirloin Marsala & Chicken Bryan (760 calories) | 23.99

**CARRABBA’S ITALIAN CLASSICS**  
Chicken Parmesan & Lasagne (690 calories) | 21.49

**CHICKEN TRIO** <sup>GF</sup>   
Chicken Bryan, Pollo Rosa Maria & Chicken Marsala (940 calories) | 24.79  
 Pairs well with Markham Merlot, California

2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
\* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

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Additional nutrition information available upon request.

\* From 8/28/18 - 12/31/18, Carrabba's will donate up to a maximum of \$50,000 to the Moffitt Cancer Center, 12902 USF Magnolia Drive, Tampa, FL 33612  
 Indicates Dishes Under 600 calories. Entrées are under 600 calories when paired with freshly steamed broccoli (40 calories) as a side item. Calorie count does not include soup or salad.  
<sup>GF</sup> This dish is gluten-free. Caesar Salads are gluten-free without croutons. Mama Mandola's Sicilian Chicken Soup is gluten-free without pasta. Food is prepared in a common kitchen with the risk of gluten exposure. We cannot guarantee any menu item is completely free of gluten. When placing your order, please let your server know you are ordering a gluten-free menu item.